

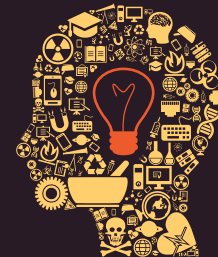


**DAY 1**

11th November, 2023

# 21th INTERNATIONAL SPORT SCIENCES CONGRESS

## SCIENTIFIC PROGRAM



	09:00 - 13:00	13:00 - 14:00	14:00 - 15:30	15:30 - 17:00	17:30 - 19:00
HALL A	<b>COURSE 1</b> MUSCULOSKELETAL ULTRASOUND IMAGING	LUNCH	<b>PANEL 1</b> EBSCO SESSION ETHICS	<b>PANEL 3</b> SPORAK SESSION ACCREDITATION IN SPORT SCIENCE PROGRAMS	OPENING  OPENING CONFERENCE  ATATURK ERA SPORT POLICIES
HALL B	<b>COURSE 2</b> THE USE OF FORCE PLATE IN SPORTS SCIENCES		<b>PANEL 2</b> Recreation	<b>PANEL 4</b> Sociology of Sport	
HALL C	<b>COURSE 3</b> PERFORMANCE MONITORING SYSTEMS AND TRAINING LOAD MANAGEMENT IN SPORT		<b>SESSION 1</b> Movement and Training	<b>SESSION 3</b> Physical Education & Sports Teaching	
HALL D	<b>COURSE 4</b> BFR TRAINING		<b>SESSION 2</b> Sport Management	<b>SESSION 4</b> Sport Health Sciences	
HALL E	<b>COURSE 5</b> PERFORMANCE TESTS IN SPORT: Determination of Aerobic - Anaerobic Threshold and Upper Limit of Intense Exercise Zone		<b>COURSE 5</b> PERFORMANCE TESTS IN SPORT: Determination of Aerobic - Anaerobic Threshold and Upper Limit of Intense Exercise Zone		
HALL F	"SPORAK RUBRIC WORKSHOP" will be held on November 10-11, 2023 in Hall F."				



DAY 2

12th November, 2023

# 21th INTERNATIONAL SPORT SCIENCES CONGRESS

## SCIENTIFIC PROGRAM



09:00 - 10:30

11:00 - 12:30

12:30 - 14:00

14:00 - 15:30

16:00 - 17:30

17:15 - 18:45

HALL

A

### KEYNOTE

**Dr. Holger PREUSS**  
The Future of Sport

**Dr. E. Esra ERTURAN**  
MODERATÖR

**Dr. Jim PARRY**  
The Nature of Nature  
Sports

**Dr. M. Levent İNCE**  
MODERATÖR

### KEYNOTE

**Dr. Rasul MOWATT**  
The Historical Foundations  
of Leisure

**Dr. Bülent GÜRBÜZ**  
MODERATÖR

**Dr. Irena  
MARTINKOVA**  
Unisex sport: How to tackle  
the binary?

### INVITED SYMPOSIUM

**Dr. Haydar DEMİREL**  
MODERATÖR

**Dr. Yannis PITSIALIDIS**  
Integrating Transwomen and Female  
Athletes with DSD into Elite  
Competition

**Dr. Jim PARRY**

The Participation of Transgender  
Athletes in Sports

**Dr. Bülent O. YILDIZ**

PCOS and excess androgen as a model  
of athletic performance in women

**Dr. Umutcan KAYIKCI**

The perspective of an obstetrician and  
gynecologist on transgender athletes

### KEYNOTE

**Dr. Andrew JONES**  
VO2: It's not just about the  
'max'

**Dr. Özgür ÖZKAYA**  
MODERATÖR

**Dr. Mathieu BOURGUIGNON**  
Brain-peripheral couplings:  
functional role and future  
opportunities

**Dr. Sadettin KİRAZCI**  
MODERATÖR

### SYMPOSIUM 3 HARDLINE

**Dr. Haydar DEMİREL**  
MODERATÖR  
Skeletal Muscle  
Hypertrophy

### SYMPOSIUM 4 ELSA

**Dr. Ayşe KİN İŞLER**  
MODERATÖR  
Endurance Evaluation

### SYMPOSIUM 5 Physical Education

**Dr. Gıyasettin DEMİRHAN**  
MODERATÖR  
Current Researches

### SESSION 11

Physical Education

### SESSION 5

Exercise & Sports Psychology

### SESSION 7

Training Sciences

### SESSION 9

Exercise & Sports Psychology

### SESSION 12

Sports History &  
Philosophy

### SESSION 14

Training Sciences

### SESSION 6

Health Sciences

### SESSION 8

Training Sciences

### SESSION 10

Training Sciences

### SESSION 13

Social Sciences

### SPORTS MANAGEMENT PHD Seminars

**Dr. Holger PREUSS**

(A) Focused Thesis Presentation

### SPORTS MANAGEMENT PHD Seminars

**Dr. Holger PREUSS**

(B) Scenario Writing -  
Methodology + Workshop

LUNCH

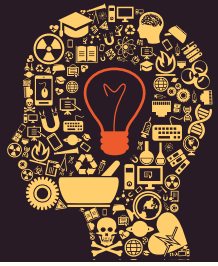


DAY 3

13th November, 2023

# 21th INTERNATIONAL SPORT SCIENCES CONGRESS

## SCIENTIFIC PROGRAM



09:00 - 10:30

11:00 - 12:30

12:30 - 14:00

14:00 - 15:30

16:00 - 17:30

17:45 - 19:00

SALON

A

### KEYNOTE

**Dr. F. Javier Fernandez**  
Understanding students' motivation in Physical Education

**Dr. Deniz HÜNÜK**  
MODERATÖR

**Dr. Hans de RIDDER**  
Modern Athletes: Faster, Higher, Smarter, Stronger - What are the Health Consequences?

**Dr. Selda BEREKET**  
MODERATÖR

### KEYNOTE

**Dr. Scott POWERS**  
Exercise is good medicine

**Dr. Haydar DEMİREL**  
MODERATÖR

**Dr. Juergen M. STEINACKER**  
The Global Challenge of Physical Activity Promotion

**Dr. Aysel PEHLİVAN**  
MODERATÖR

### KEYNOTE

**Dr. Scott POWERS**  
Redox signaling in endurance exercise-induced adaptation

**Dr. A. Murat ZERGEROĞLU**  
MODERATÖR

**Dr. Yannis PITSIALIDIS**  
How the war on drugs in sport will be won using multi-omics, big data, and artificial intelligence

**Dr. Emirhan NEMUTLU**  
MODERATÖR

### INVITED SPEAKER

**Dr. Ömer ŞENEL**  
MODERATÖR

**Dr. Chris MORGAN**  
Blood Flow Restriction Training

### ENGLISH SESSION

SALON

B

### SYMPOSIUM 6

**Dr. Tahir HAZIR**  
MODERATÖR  
ANABOLIC STEROIDS

### SYMPOSIUM 7

100. Yıl Oturumu

**Dr. Azmi YETİM**  
MODERATÖR  
REPUBLIC & SPORTS

ÖĞLE YEMEĞİ

### PANEL 3

Trainer Education

**Dr. Serdar ELER**  
MODERATÖR

Trainer Education

### SYMPOSIUM 8

Exercise & Sport Psychology

**Dr. Gülfem SEZEN BALÇIKANLI**  
MODERATÖR

Theory & Practice

SBD GENEL KURULU

SALON

C

### SESSION 15

Sport Management

### SESSION 16

Sport Biomechanics

### SESSION 18

Psycho- social

### SESSION 20

Exercise & Sports Psychology

SALON

D

### WORKSHOP -1

ELSA OTURUMU

Blood Flow Restriction Training

### SESSION 17

Spor Sociology

### SESSION 19

Physical Education

### SESSION 21

Training Sciences

SALON

E

### SPORTS MANAGEMENT PHD Seminars

**Dr. Holger PREUSS**

(C) Publishing & Publishing strategies - meet the editor

(B) Future Wheel- Methodology introduction + workshop

### SPORTS MANAGEMENT PHD Seminars

**Dr. Holger PREUSS**

(B) Delphi Study - Methodology introduction + workshop

### SPORTS MANAGEMENT PHD Seminars

**Dr. Holger PREUSS**

(D) Biases-Methodology: Glossary

(D) Glossary Writing - a joint project:

### POSTER PRESENTATIONS (OPEN HALL)



**DAY 4**

14th November, 2023

# 21th INTERNATIONAL SPORT SCIENCES CONGRESS

## SCIENTIFIC PROGRAM



09:00 - 10:30

11:00 - 12:30

13:00 - 14:00

HALL

A

**SESSION 20**  
Sport Management

**SESSION 24**  
Physical Education & Sports Teaching

HALL

B

**SESSION 21**  
Movement and Training

**SESSION 25**  
Movement and Training

HALL

C

**SESSION 22**  
Exercise and Sport Psychology

**SESSION 26**  
Sport Health Sciences

HALL

D

**SESSION 23**  
Physical Education & Sports Teaching

**SESSION 27**  
Sport Health Sciences

HALL

E

**SPORTS MANAGEMENT PhD Seminars**  
**Dr. Holger PREUSS**

(D) Glossary Writing - a joint project:

**SPORTS MANAGEMENT PhD Seminars**  
**Dr. Holger PREUSS**

(D) Glossary Writing - a joint project:  
Presentations

**CLOSING CEREMONY**